



Treatment consent

De Algemene Verordening Gegevensbescherming (AVG) requires that the patient explicitly consents to treatment by 'De Praktijk voor Psychologie en Seksuologie Tilburg' (registered de praktijk voor Seksuologie/ advies en hulp), hereinafter referred to as 'the Practice', whereby the following must be agreed upon:

- a. Nature and purpose of research and treatment
- b. Expected consequences or risks for the patient
- c. Information about alternative treatment options
- d. Expected results
- e. Rights of clients in mental health care
- f. Duties of clients in mental health care

Here is an explanation of the treatment agreement as practiced within the Practice:

- a.1. After registration, a telephone screening takes place to assess whether the Practice is a suitable treatment setting for the presenting issue.
- a.2. Prior to treatment, one to two intake sessions are conducted to delve into the presenting complaint. If there are still uncertainties regarding the issues, additional psychodiagnostic assessments may be conducted.
- a.3. Based on the information obtained during the intake (and any additional psychodiagnostic assessments), a suitable treatment plan is developed in collaboration with the lead clinician and client. The client's preferences and input can be incorporated into this plan.
- a.3. Subsequently, the treatment trajectory outlined in the treatment plan is followed with the client. Note that the Practice considers psychological treatment as a process of development and evolving insight, where goals and working agreements are refined over time.
- b. Every psychological treatment may unintentionally lead to: temporary imbalance, exacerbation of symptoms, and/or unwanted reactions from the patient's environment. The Practice is obligated to highlight such risks but aims to minimize any risks.
- c. There are always multiple alternative treatment options for every issue. The Practice will point these out when the clinician deems it necessary.
- d. Final outcomes are never predictable. However, the Practice always strives for improvement and will only create realistic expectations. The treatment processes include evaluation points where the lead clinician assesses the progress and decides whether to continue the treatment.



e. Rights of clients in mental health care:

- o Right to choose their own healthcare provider
- o Right to privacy (see also our privacy policy)
- o Right to consent to treatment
- o Right to clear information about their health condition
- o Right to access their medical records
- o Right to consent to the disclosure of information to third parties
- o Right to information in case of incidents in healthcare provision
- o Right to rectification
- o Right to erasure
- o Right to restriction of processing
- o Right to notification obligation
- o Right to data portability

Right to object These rights are derived from:

- o The Medical Treatment Contracts Act, WGBO
- o The Mental Health Act, BOPZ
- o The General Data Protection Regulation, GDPR

f. Duties of clients in mental health care:

- o The duty to provide the healthcare provider with clear and complete information. This enables them to examine and treat you responsibly.
- o The duty to cooperate as much as possible in research and treatment. For example, by following the advice and prescriptions given by the healthcare provider. For more information on this, we kindly refer you to the website of the Dutch government: <https://www.rijksoverheid.nl/onderwerpen/patientenrecht-en-clientenrecht>

Declaration of Agreement Upon registration, you will be asked to agree to this Treatment Agreement. Checking the "yes" box and subsequently submitting the registration form on this website serves as your signature of the Treatment Agreement.



Praktijk voor Psychologie & Praktijk voor Seksuologie Tilburg
Ook voor Kind en Jeugd

By doing so, you also agree to the following:

- Clients under the influence of alcohol or drugs may be denied access to the premises;
- It is not allowed to treat other clients or staff members in a disruptive, aggressive, discriminatory, or intimidating manner.

Violation of these rules may result in an official warning, and after two warnings, the treatment may be terminated. In case of serious criminal offenses, the police will be notified